



Hygienic Laboratory

The University of Iowa

Iowa Cystic Fibrosis Carrier Screen

Submission Requirements

- Submit one tube from each reproductive partner.
- Label each tube with patient's name or unique identifier and date of collection.
- **UNLABELED SPECIMENS WILL NOT BE TESTED.**
- A completed Iowa Cystic Fibrosis Carrier Screen Test Request Form must accompany each specimen.

Specimen Collection and Handling

- Collect specimens in the 4 ml EDTA tubes (purple tops) provided in the UHL mailing kit.
- **DO NOT CENTRIFUGE.**
- Wrap specimen tubes in absorbent material, and place into a separate, plastic "Whirl-pak" bag provided.
- Place both tubes into the single Styrofoam mailer provided.

Complete Test Request Form

- An Iowa Cystic Fibrosis Carrier Screen Test Request Form must be filled out completely, one form for EACH reproductive partner. Testing is dependent upon this information; therefore, results may be delayed if information is not provided.
- In addition to the general "Race" and "Ethnicity" fields within the top portion of the Test Request Form, it is also necessary to make a selection under the category **TEST SPECIFIC ETHNIC GROUP**. The test CANNOT be completed without this information.
- A selection must also be made under the category **FAMILY HISTORY** by "checking" the most appropriate box. The test CANNOT be completed without this information.
- If family history is specified, indicate relationship **to patient** under the category **RELATIONSHIP TO PATIENT**. The test CANNOT be completed without this information.
- **Be sure to include your facility name and address at the bottom of the form.**

Shipping Instructions

- Wrap around Styrofoam mailer two (2) completed Iowa Cystic Fibrosis Carrier Screen Test Request Forms (one for EACH partner), and insert into the pink-striped cardboard sleeve provided.
- **Ship by overnight carrier to IOWA LABORATORY COMPLEX in Ankeny (See address below).**
- **DO NOT SHIP SPECIMENS ON FRIDAY.** (Specimens collected on Friday may be refrigerated, **NOT FROZEN**, for shipment on Monday.)
- Take precautions to avoid temperature extremes when shipping.
- Ship multiple specimens in packaging compliant with USPS or IATA regulations.

Contact Information

- For test request forms and kits: 319/335-4246
- For additional forms, go to <http://www.uhl.uiowa.edu/kitsquotesforms>
- For specimen and testing requirements: 319/335-4247
- For test interpretation or revised dating information: UIHC OB/GYN Counseling Office, 319/356-3561
- For billing questions: 319/335-4442

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